

MY MOTHER, MY TEACHER, MY FRIEND – danced to:

My Mother, My Teacher, My Friend – Owen Mac

Start with right foot:

Step out to the right, rock on to the left foot, cross right over left and hold;

Step out to left with left foot, $\frac{1}{4}$ turn to the right, then step right, left and hold;

Lock step to the right (right, left, right, hold);

Jazz box starting with left foot over, then right, left and cross right over left;

Step long slide out to left, hold, then right behind (recover) and left;

Long slide out to the right, hold, then left behind (recover) and $\frac{1}{4}$ turn to the right on right foot;

Another quarter turn to right making a long slide out to left (so $\frac{1}{2}$ turn is actually made), hold, then left behind (recover) and then grapevine to the right, (right, left, right and left crosses over right).

Repeat.